Kinder Tox-

Parashas Mattos/Masei FUIUSIUS MUUUS/MUUU

You Have It All

"Young man, how can I help you?" "I came to your store to buy a few things,

"Yes, what do you need?"

"First of all, I need a camera."

"I can tell you about a very sophisticated model.

"Please do."

"This model produces a picture with a clarity unmatched by any other camera. It has a memory card whose advanced technology allows it to store an unlimited number of images. It records both still photos, and moving pictures with sound. It can recall any image from its memory almost instantaneously. It can be used for long hours and is very durable. In addition, its lens is self-adjusting and selfcleaning. It can adjust to any normal level of light and dark, and requires no flash."
"That is unbelievable, sir. No other cam-

era in the world has such performance.'

"That is not exactly true, young man. There are many cameras like this, you just don't notice them."
"Very well. I am also in the market for a

pump.

We have a very compact, powerful, and durable model. I will describe it to you. It is about the size of your fist. It can pump five liters of liquid a minute, which is 7200 liters (about 1900 gallons) a day. Our pump can generate enough pressure to push liquid through a long, complicated, system of tubes and vessels. It is also very durable and certain models have been in service over 100 years.

"Wow, that sounds marvelous, sir. You have already made two sales. Now, I also need a filter, to purify the liquid in the

pumping system.

No problem, young man. I have a filter system that is designed to work along with the pump. It contains two filters, each one weighing 150 grams. Together they can filter 1700 liters (approximately 470 gallons) of liquid a day. They remove all impurities, and dispose of them in the form of a liquid. They are self cleaning, and self repairing.

"Sir, your products are amazing. Do you

also sell computers?"

"I certainly do, young man. I have the most advanced computer model on the face of this earth. It has an unlimited amount of storage memory and RAM. It can perform trillions of calculations each second. It stores information, images, sounds, smells, and even thoughts and feelings. It can recall any of these things from its memory instantaneously. It can make complicated searches, comparisons, calculations, and even decisions using any or all of this information. It is also capable of running sophisticated equipment motors, pumps, thermostats, timers, heaters, cameras, sound recorders, lifts, cranes, filters, as well as all sorts of other apparatus."

"Your computer sounds out of this world, sir.

"It is, young man. It was designed and built by the same engineer who made the camera, pump, and filter.

"Do you have any of His other products?

"As a matter of fact, He has an advanced telecommunications cable. Are you interested?"

"Yes, sir."

 $m{I}$ t is 1.8 centimeters thick, and very flexible. It is protected with tough shielding. Inside are 31 pairs of fine cables. The entire system can carry hundreds of thousands of subtle electrical impulses simultaneously. When used in conjunction with the computer, it can control the complicated system of pumps, motors, cranes, and other equipment. It also transmits information about the environment and the equipment back to the central computer.

"Amazing. Is there anything else?"
"Yes, one last item – an air pump. It is made of many tiny little sacks with a total surface

of 70 area square meters - the size of

a small apartment. They draw in air and pump it out 20,000 times each day. The air can be used for cooling, or as a source of oxygen. This pump, like the liquid one, has been known to last over

'Sir, you have convinced me. You have truly outstanding products. They are out of this world. I would like to purchase one of each one.'

"I appreciate your interest young man; however, these items are not for sale. "What? Is this some kind of joke? You have just spent several minutes telling me about these wonderful machines, and now you refuse to sell them to me. Why?'

 $B_{
m ecause,\ young\ man,\ you\ already}$ own them.'

"Now I am really confused. I do not have one of these items in my possession.'

"Yes you do. The camera is your eyes. They are the best camera in the world. "I see.'

"Yes, you certainly do. The pump is your heart, and the filter is your kidneys. "Wait a minute. Are all of these things

parts of my body?"
"Yes, young man."

"Let me guess – the computer is my brain.

"Correct!"

"The air pump is my lungs."

"Right again."

"There is only one thing left – the tele-communications cable. That is . . . my spine."

'Now you have connected everything together. I am sure you know Who the engineer is."

If course. The Master Designer. The Creator of the Universe. The Holy One Blessed Be He. None other than Hashem

"Correct again. He designed your mind and body with unfathomable wisdom. Its technology is far more advanced than anything that we can even dream of, much less develop. It is truly a wonder of wonders. We should take the time to think about this. That will lead us to appreciate our minds, bodies, and our health. More importantly, we will appreciate The One Who designed, built, and gave us this wonderful gift, and Who keeps it running all of the time.

"Thank you very much sir. I have acquired much more in your store than a few household items. You have given me a whole new outlook on life, and appre-

ciation of Hashem."

Kinderlach . . .

The verse states, "I see Hashem from my flesh" (lyov 19:26). If we take the time to contemplate sublime intricacy of our bodies, we can almost begin to appreciate the unfathomable wisdom of the Creator. The bracha of "asher yatzar" was written to verbalize our appreciation of this wonder of wonders. The Shulchan Aruch (Orach Chaim 6) delineates the kavannah that we should have when making this bracha. It is one of praise to Hashem for His infinite wisdom and koach; and gratitude to Him for the wonderful chassodim (acts of loving kindness) that He does for us by sustaining our bodies. There is an additional bonus that comes with this wonderful bracha, kinderlach. It is a segulah (spiritual remedy) for good health. The sefer "Seder HaYom" writes that if a person recites this bracha with kavannah, he will never become sick. He will not need neither a doctor nor medicine. We can understand very well how this works. One of the reasons that Hashem may bring sickness upon a person is to make him appreciate his health. A person who praises and thanks Hashem several times a day for his healthy body by saying "asher yatzar" with kavannah, does not need to become sick to appreciate the wonderful gift of a properly functioning body. (He may be stricken with health problems for a different reason. Hashem's calculations are much too deep for us to fathom.) Do not pass up this opportunity kinderlach. Say "asher yazar" with great kavannah. Appreciate Hashem! Appreciate your body! Appreciate your health! Guard your health! Give Hashem great nachas! Asher yatzar!